



2019 CHRISTMAS FOOD APPEAL

**Please buy an item from
this list for the foodbank**

In the 3 weeks leading up to Christmas 2019 our foodbank would like to provide Christmas Food for local individuals and families in crisis nominated by our partner Referral Agencies. Last year, with your support, we gave out 145 Christmas Food Parcels.

We'd like to give away even more this year. Will you help us by donating one or more items from our shopping list?

Thank you for your support!



Shopping List

***Tinned Ham or Chicken
Christmas Pudding
Tinned Cream
or Evaporated Milk***

***Christmas Cake
Mince Pies
Box of Biscuits***

***Children's Selection Pack
Bar / Box of Chocolate(s)
Savoury Snacks & Nibbles***

Soft Fizzy Drinks / Squash